



## St RCHF Summer review 2014

Special thanks go to our sponsors who made all this valuable work possible in helping both children & communities.

### Providing needy children with a FREE holiday in the beautiful Bucovina countryside!



Thanks to the wonderful support of our sponsors & partners who helped this year we were able to provide a summer holiday for 50 children in summer camping weeks held at both Vama village and Ciocanesti village in Suceava County.

Generously donated sponsor funds allowed us to purchase new tents, new kitchen equipment and sports equipment as well as provide 3 healthy meals a day for every child, plus outings to local attractions like monasteries and museums.

Children chosen came from families in Dorohoi (as in photo right) and from Vama, Ciocanesti and surrounding Suceava villages. Each child was chosen by their local Church or school and came from families whose children merited a holiday as family financial restraints prohibited this otherwise.

**RCHF makes no charges to either child or parents to attend our summer holiday camps unlike many larger NGO's**



These children's holidays are packed with activities including workshops, sports events, tours, daily exercises and nightly camp fires, thus every child has days filled with joy & happiness!



In total we via our sponsors provide children a chance of an healthy holiday they would never have in safe surroundings with volunteer support!

## First Aid lifesaving workshop for children!

A little knowledge well applied can save a life!



Summer holiday fun and games is the theme of our St RCHF camping holidays for every child, however learning to be accountable and responsible as children is also part of the joy of the summer camps!

This year thanks to our friends Mihaela & Petrica Parascan (Dorohoi Ambulance service and Hospital) who gave their time free to attend our summer camps children learned and showed great interest within the First Aid Lifesaving workshop.

## Keep fit sessions help kids stay healthy daily!



Stretching muscles, helping blood flow and helping breathing are all benefits of daily exercise sessions at the RCHF summer holiday camps!



Sports included tennis, badminton, football, 3 legged races & sack races allowing every child a chance to participate!



## Workshops held by St RCHF & Suceava Police Inspectorate - Adolescent problems!



At each summer camp & thanks to our partners at Suceava Police Inspectorate we held workshops for every child. Within the workshops children learn about laws that apply to them as children, learn about the healthy relationships as adolescents growing up and about the safe use of the internet, likewise each child has the chance to sit inside a Police vehicle and have its special apparatus explained to allow the child to understand the workings of a mobile Police unit.

Children showed great interest and asked many questions within the workshops held.

## St RCHF social support ongoing projects including grow your own project.



Each year St RCHF delivers tons of much needed aid to families with no means in North East Romania. Much of this comes as vital food aid via our partners and is delivered on a regular basis to social families in Dorohoi, Botosani County and families in Suceava County. These families in turn work with us in a project to raise their own standards and make certain their children attend school.

Unfortunately for Romanians there is no social back up to help once a family falls into difficulties often caused by loss of work, illness or having an income that doesn't cover all the weekly household bills, including vital utility bills, school supplies and medical bills, thus often little or no funds are available for food.

This year again thanks to **Dutch seed companies** we were able again to offer vegetable seed to families and as can be seen in the photo its amazing what can be grown by a family in need thus helping the family food stock in even a small space!

## Spring & summer school holiday days; kids roaming the streets can create social problems



Romanian parents are no different from any other European parents as love their kids, but the hectic schedule often means that the children have an enormous amount of free time in the long school holidays and at nighttimes. This applies also in school time after classes end.

Here in this condition it's all too easy for a child to fall by the wayside!

It's not only in the poor families that children can become victims of street crime, but in all families as crime affects everybody today.

The streets and bars are no place for children who are all too easily corrupted and fall into trouble especially adolescent kids.



**Our actions help prevent these problems!**

Again thanks to our sponsors this year we have been able to open 2 new youth centers adding the one we opened last year, thus children in Marginea, Vama and Ciocanesti communities now all have a safe place they can attend for FREE and take part in organized activities, games, Film shows and sports events.

These youth centers play a huge part in occupying children in their free time and are run by voluntary staff from the schools the children attend weekly. Parents can join in too and come to help club sessions!

All far safer for a child than smoke filled alcohol bars and dark unlighted streets at night!



## St RCHF photographic competition 2014



A photograph can speak a thousand words as the saying goes!

Unfortunately in the digital age where photos can be downloaded direct to social websites children who are innocent and vulnerable can all too easily become victims!

Vulnerable children include children in care homes

Within St RCHF we adhere to the international law on the rights of the child and this includes the use of photographs.

Last month adding to this theme we proposed a photographic competition at the children home in Gura Humorului town for children in care. This was greeted with enthusiasm and children throughout August took photographs within the town of sights of interest, animals, pets, monuments and flowers. On the 29<sup>th</sup> Brian Douglas and care home staff judged the competition and was amazed at the high quality of photographs produced by every child who participated. We decided therefore to award each child a prize and diploma and at the same time explain to children the dangers of personal photographs of all kinds appearing on social websites.



Children above delighted with their Diploma's and competition judges!

## Looking to autumn challenges!

St RCHF is delighted to go forward into autumn this year with a brand new project that will benefit thousands of children in kindergartens and schools alike.

The Project is the brainchild of Dutch Artist Miriam Charmant who has spent endless hours month after month addressing the needs of children who need to benefit from a better start in educational life starting with Pre School – kindergarten basics! At this moment thousands of children’s educational ‘Timmie Mouse’ books all with their distinct Mouse family characters are being printed and soon will arrive in Romania for distribution to kindergartens and schools via St RCHF and our partners at the Suceava County Police Inspectorate.

In October Miriam and her Husband Jeroen will arrive in Romania to launch these wonderful learning tools that will help thousands of children learn with ease!



Above...Miriam & Jeroen Charmant at the printers in The Netherlands to see the first batch of children’s book off the production print line!

Our work in Romanian continues also this autumn with more funding for our road safety project which places reflector plates on horse carts to avert accidents at night and in poor visibility times., plus the social project is again in our forefront with back to school aid for children and on the medical from the annual INSPIR conference in Iasi where we will again host a presentation of Tuberculosis.

**We thank our sponsors, supporters and volunteers who help make such a difference to those we help who are in need of support.**